## PACKAGES

**Relax and Restore:** \$135 This experience starts with a relaxing 50 minute signature massage, followed by a rejuvenating steam treatment and finished with a detoxifying foot treatment to help you restore your mind and body.

**Darling Duo:** \$350 per couple This darling experience pairs for a perfect spa getaway from head to toe. Enjoy a signature facial, 50 minute massage and soulshine foot treatment. Complete this experience with two complimentary glasses of champagne. (Non-alcoholic beverage available) \* An 18% gratuity will be added upon checkout for this package.

## **Testing The Waters:** \$125

Try a bit of everything our spa has to offer. This experience includes a 20 Minute Signature Massage, a Mini Facial and an Express Mani and Pedi.

## Mind and Body: \$155

This experience includes a Manuka Honey Facial to restore the mind and a 50 Minute Signature Massage to help balance the whole body.

## Head to Toe: \$125

The perfect relaxation session. This experience includes a Scalp Facial, a 30 Minute Signature Massage- catered to your specific needs, and a Classic Pedicure. Unwind from top to bottom.

## Detoxify: \$60

A great way to rid your body of those unwanted toxins. This experience includes an Herbal Steam Treatment and DetoXsoak Foot Treatment. This will leave you feeling rejuvenated and refreshed.

## **LITTLE DARLINGS**

For the little darlings in your life 10 and under.Kids Mani:\$15 clip, file, lotion and polishKids Pedi:\$20 soak, clip, file, lotion and polishKids Facial:\$20, Steam, Cleanse, Massage, Tone and<br/>MoisturizeKids Massage:\$15 10 minute massage

GENERAL INFORMATION

## AGE

All age groups are welcome to experience our spa, We do require parental consent for those under 18. Please see the Little Darlings Menu for those under age 10.

## SPA AMENITIES

You're welcome to use our locker room amenities, such as spa shower, lockable lockers and changing rooms. We will provide you with robes and sandals if your services require alternate dress.

## ARRIVAL

Please arrive 10 minutes prior to your scheduled appointment to ensure services start on time.

## GRATUITY

Gratuity may be given to your service provider at your discretion. Transactions totaling \$200 or more or any groups of 6 or more people will automatically be charged a 20% gratuity upon checkout.

## RESERVATIONS

Reservations are highly recommended during peak seasons, however are not required.

## CANCELLATION POLICY

Please notify us 24 hours prior to appointment to cancel services. Large groups will be charged accordingly for no shows or late cancellations, also groups will be charged as scheduled if changes are made to appointments within the 24 hour cancellation period. If changes need to be made at the time of the appointment, we will try our best to accommodate, but cannot guarantee the changes can be made.

We welcome groups and would love to be your spa getaway destination!

Darling Reflections" SPA AT ARROWWOOD

> DARLING REFLECTIONS SPA: (320) 759-5003, Ext. 374

2100 Arrowwood Lane NW Alexandria, MN 56308 866-386-5263 ArrowwoodResort.com





# Arrowwood

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## MASSAGE

#### Signature Massage:

20 Minutes: \$30 50 Minutes: \$75 80 Minutes: \$120 A massage that is customized to meet your therapeutic needs and preferences. Upgrade to Deep Tissue Massage \$10

#### Hot Stone Massage:

50 Minutes: \$85 80 Minutes: \$130 Traditional hot stone therapy uses warmed basaltic stones to gently massage and also to use in specific placement on the body to warm up muscle groups.

#### **Maternity Massage:**

20 Minute: \$40 50 Minutes: \$85 80 Minutes: \$130 During this pregnancy specific massage, your therapist will be using a maternity massage table that can accommodate a woman up to full term.

#### **Couples Signature Massage:**

50 Minutes: \$140 80 Minutes: \$230

\* Upgrade to Maternity or Hot Stone \$10 per person. Receive a side by side massage in our calming couples treatment room.

## NAIL SERVICES

**Express Manicures & Pedicures:** 

Manicure: \$30 Pedicure: \$35 Our express manis and pedis include a soak, nail and cuticle care, clip, file, buff and polish.

## **Classic Manicures & Pedicures:**

Manicure: \$40 Pedicure: \$50 Our classic manis and pedis include a soak, nail and cuticle care, clip, file, buff, callus filing for the feet, exfoliating scrub, lotion massage and polish.

**Soulshine:** \$35 Great for dry, callused feet. Includes a soak, callus filing, exfoliating scrub and hydrating lotion massage.

**Detox Soak:** \$35 A detoxifying 15 minute soak with high grade magnesium opens up the pores and pulls toxins out. Followed by an invigorating leg and foot massage,

**Shellac Manicure:** \$50 Goes on like a polish, wears like a gel. Up to two week wear!

Shellac Removal: \$15

**Mens Foot Treatment:** \$45 Includes a soak, nail and cuticle care, clip, file, buff, callus filing, exfoliating scrub and lotion massage.

**Grape Pedi Peel:** \$60 The concentrated anti-oxidant properties of grapes combine with champagne infused oil to create a foot treatment that will eliminate excess callus, hydrate and nourish. Polish included.

## Polish Change: \$10

Nail Art: \$5 for accent nail art, \$10 for full set nail art.

French: \$10

## FACIALS

**Scalp Facial:** \$30 Rejuvenate your senses with a 10 minute essential oil infused scalp massage, warm towel wrap, facial steam and 10 minute facial massage.

**Mini Facial:** \$30 Includes a facial steam, cleanse, facial massage, toner and moisturizer.

**Signature Plantogen:** \$70 Customize your facial needs with products that are specific for your skin type. Perfect for a good deep clean.

**Plantogen Manuka Honey:** \$80 Manuka honey is renowned for its healing properties. When used as an ingredient in facial products, it is perfect for healing acne, sun damage and other skin maladies. Manuka honey improves skin texture and smoothness and also promotes collagen production. This facial is great for all skin types.

**Plantogen Skin Bright:** \$80 The Skin Brightening Complex uses the best natural ingredients to help balance uneven skin tone, improve skin hydration and promote brighter, more radiant skin. The mask used in this facial is called The Royal Facelift. It soothes, plumps and tightens skin making it the perfect natural anti-aging hydrating mask.

**Skin and Scalp:** \$95 A Manuka Honey facial combined with a scalp facial. This is a great way to soothe away stress and unwind. Our Signature, Manuka Honey and Skin Bright facials all include the following: Facial steam, cleanse, massage, exfoliation, mask, under eye brightening cream, firming serum, toner and moisturizer. Hot towels are used at the beginning of the facial and between each step to remove product.

Extraction Add on: \$15 (\$1 per minute)

## **BODY TREATMENTS**

**Herbal Steam Treatment:** \$25 Relax inside a personal herbal infused steam tent, while your head remains unenclosed. While you are steaming you receive a 10 minute Manuka Honey Oil facial massage. \* A great service add on.

**Massage & Steam Combo:** \$70 Start with 30 minute massage followed by a personal herb infused steam tent, while you enjoy a relaxing 10 minute manuka oil face massage.

**Body Scrub:** \$50 alone, \$75 with steam. A full body treatment starting with an exfoliating scrub containing essential oils and sea salts. After a spa shower, receive a body butter application. Choose from Lavender or Champagne and Rose. Ask us about seasonal scents.

Wine Body Mask: \$75 Vinotherapy is a great way to help hydrate and detox your body. With this wine mask, enjoy a relaxing lymphatic dry brush exfoliation, body mask and Herbal Steam Treatment, followed by a spa shower.

**Botanical Mud Body Mask:** \$75 With a light, calming fragrance, this treatment can help reduce water retention, joint pain, certain types of acne, eczema, and psoriasis. This service includes an exfoliating dry brushing, body mask application, an Herbal Steam treatment and a spa shower.

## WAXING

Our licensed staff is happy to help our their clients with their hair removal needs. Please note that it is advised to avoid sun exposure for 24 hours after a waxing service as the skin may be more sensitive.

Eyebrows:	\$15	SUGARING
Lip or Chin:	\$10	Underarm:\$30
Full Face:	\$30	Half Leg:\$70
Underarm:	\$25	Full Leg:\$110
Half leg:	\$40	Bikini:\$50
Full Leg:		Back:\$75
Bikini:	\$40	Full Face:\$40
Back:	\$50	Lip:\$15
		Chin:\$15